# **CHAPTER V**

# **CONCLUSIONS AND SUGGESTIONS**

## **Conclusions**

Based on the reults of research that has been carried out, the practice of integrating technology in EST teaching has a great impact on both lecturers and students. This brings many benefits for both lecturers and students, including benefits for students, namely they can seek wider information, can improve lecturers' skills in integrating technology, especially for teaching English, can reduce students' dependence on lecturers, can increase student learning motivation and learning atmosphere becomes more innovative and creative. In addition, the use of technology in teaching and learning has obstacles or negative impacts, including students find it easier to cheat, there are unstable network constraints so they cannot access smoothly and frequent errors in the technology tools used so that it hinders and wastes a lot of time.

## **Suggestions**

1. **For College Students**

There are some suggestions if the college students have difficulties in understanding the material and using technology namely: students can ask the lecturer by personal chat/direct message. College students must also be more active. College students can repeat the material given by the teacher. College students can look for learning references, such as from learning videos on YouTube about the material and tutorial how to use technology tools/applications for learning, so that college students can have broad insight and understanding.

1. **For Lecturer**

Learning will be more effective if the use of technology and its preparation is further improved. Therefore, lecturers must improve their ability to integrate technology and prepare technology well so that the teaching and learning process becomes more efficient and effective.